

A Story Workshop

Fostering a new Culture of Oral Tradition

The Gift of Speech was given to humanity so that, through our unique consciousness, we could reflect the Creation back to the Creator



In all ancient cultures, Story-telling was a major feature - Creation Stories, Initiation Stories, nourished the soul and helped to develop human consciousness. The Ancient Bard, the Story-Teller, was still the centre of culture...

Where has it disappeared to..?

Imagine that nothing was written down - it lived vividly in the memory of the story-teller... and enriched the imagination of the listeners. In Homer's time, in Ancient Greece, the Stories would go on for ten hours without pause, all told in rhythm - therapy for a whole community of 10,000 people listening in those open-air theatres, where you could hear every whisper... and the rhythm - the Hexameter - was aligned to the Sun rhythm.



About the Workshop:

Dates: 11th - 15th May 2026

Time-table: 8 - 8.45 am Greek Gym in the Park

9 - 11 am Exercises and Epic/Story-telling work

Morning Tea Break

11.30 - 1 pm Arts Session (tbc.)

Cost: \$300 (early bird enrolment deadline: 30th April - \$270)

To Bring: loose clothing for movement and a contribution to share for morning tea - and lunch, if you wish to stay

Workshop Leaders: Astrid Anderson and Arts Tutor (tbc.)