

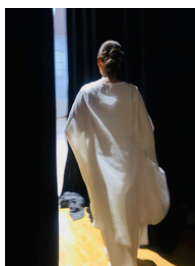
Eurythmy Aotearoa

From Training to Tour *Eurythmy Aotearoa's Final Year*



2026 promises to be an exciting year for Eurythmy Aotearoa. At the close of next year our current group of six students will complete their training, and as part of their final year they will present a performance. Eurythmy Aotearoa is planning to tour the North Island between 19–24 October 2026, focusing especially on schools and regions that have so generously supported us throughout the training years. The programme will include a variety of pieces that can be adapted for young children and a mature audience.

2026 begins with the visit of two experienced eurythmists. Eurythmy Aotearoa is bringing the highly skilled and experienced, Goetheanum accredited Social Eurythmy trainer Teresa Mazzei to New Zealand to run an introductory, three-day Social Eurythmy course, 10th - 12th January. This course is open to those interested in gaining insight into eurythmy in organisations, businesses and social activities. February 6-8, Annelies Davidson who has worked intensely with English-language eurythmy as a performing artist, teacher and artistic director of eurythmy, is offering a three-day workshop for qualified eurythmists. Both workshops will take part at Michael Park Rudolf Steiner School.



In 2025, now more than halfway through their training, the students have stepped up to meet the increasing demands of the programme. Recently, a month-long intensive gave them the opportunity to dive deeper into eurythmy, test their capacity to sustain focused work, and further advance their skills.

For those unfamiliar with the art, the length and depth of eurythmy training can be difficult to appreciate. It requires not only the learning of new techniques, but also the transformation of long-held movement habits. Like any serious movement discipline, eurythmy asks that its practitioners become true masters of their craft—bringing life to form, and form to movement.

Eurythmy has been presented to supporters regularly during training but it was a particularly special moment in April when the students gave their first full house public performance at the Kolisko Conference in Hastings. The performance provided them with exposure that was challenging and rewarding. An audience provides a possibility to give and receive, the receptivity of an audience enhances the artists work. This audience was receptive and provided warm support for the students.



Eurythmy Aotearoa training has been active for four years. Its existence is possible through the wonderful students, their tutors, accompanists and specialist teachers. We have the privilege of working in Michael Park Rudolf Steiner and Waikato Waldorf Schools, and are accommodated by local halls when the schools are not available. Our thanks to the Eurythmy Aotearoa Trust members and their support for the training. We remain eternally grateful for every donation made to us and give a special thanks to the Coromandel Trust for their generous one-off donation.

As we look ahead to our finances, we are facing a deficit budget for 2026 for the first time. It is essential that we support this current group of students through to the completion of their training, and we are committed to finding the funds needed to bridge the shortfall. If you are in a position to contribute to this initiative and help secure the continuation of eurythmy training in New Zealand, we warmly invite you to consider making a donation in the coming year. Every contribution is appreciated—large or small, regular or one-off. As the year draws to a close, we wish you every blessing for the season and thank all for your continued interest, good will and support.

Eileen Boland, Elieen Hoffmans, Nives Frigerio and Sue Simpson
Eurythmy Aotearoa Tutors

Eurythmy Aotearoa is a charitable trust, so your donation is tax-deductible. To receive a tax invoice, please contact us on eurythmyaotearoa@gmail.com
Bank account Number: 03 0642 0756176-00

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