

Speech and Drama Course in Hawke's Bay

23rd - 27th February 2026

Rudolf Steiner Centre

Crn Nelson and Whitehead Rd
Hastings

Sacred space vs. physical space on stage,



**Meeting as actors on stage not simply as physical,
but as soul-spiritual beings**

To explore the theme, we will take speech exercises, and drama exercises and texts from Rudolf Steiner's "Speech and Drama Course." This will include working with the Greek Gymnastic exercises : Running leaping wrestling discus and spear throwing.

We will also work on texts from the recently performed "Parsifal Project" written by British playwright Peter Oswald and directed by Jo-anne Sarre of Adelaide. Other themes will be elements and temperaments.

The course will be facilitated by **Penelope Snowdon-Lait** from Christchurch, Assisted by **Karin Croll** from Motueka, **Astrid Anderson** from Hawke's Bay.



Anyone interested is warmly welcome to join the course.

Programme: Each day begins at **8.30 am**, goes til **11 am**, including morning tea.

Bring loose clothing for easy movement work.

The second session goes untill **12.30 pm** and is for training course students.

You may stay on, if you are interested in participating in this as well.

Cost: **1st session:** \$20/day or \$80/wk* **1st + 2nd session:** \$30/day or \$120/wk*.

Early enrolment will be appreciated.

For enquiries, please contact: Astrid Anderson: 021 215 4019 / starguide@extra.co.nz