

Speech and Drama Course in Hawke's Bay

23rd - 27th February 2026

Rudolf Steiner Centre
Crn Nelson and Whitehead Rd
Hastings

Sacred space vs. physical space on stage,



Meeting as actors on stage not simply as physical,
but as soul-spiritual beings

To explore the theme, we will take speech exercises, and drama exercises and texts from Rudolf Steiner's "Speech and Drama Course." This will include working with the Greek Gymnastic exercises : Running leaping wrestling discus and spear throwing.

We will also work on texts from the recently performed "Parsifal Project" written by British playwright Peter Oswald and directed by Jo-anne Sarre of Adelaide. Other themes will be elements and temperaments.

The course will be facilitated by **Penelope Snowdon-Lait** from Christchurch,
Assisted by **Karin Croll** from Motueka, **Astrid Anderson** from Hawke's Bay.



Anyone interested is warmly welcome to join the course.

Programme: Each day begins at **8.30 am**, goes til **11 am**, including morning tea.
Bring loose clothing for easy movement work.

The second session goes until **12.30 pm** and is for training course students.
You may stay on, if you are interested in participating in this as well.

Cost: **1st session:** \$20/day or \$80/wk* **1st + 2nd session:** \$30/day or \$120/wk*.
Early enrolment will be appreciated.

For enquiries, please contact: Astrid Anderson: 021 215 4019 / starguide@xtra.co.nz