

On June 4th and 5th an event took place at Taruna College in Hawkes Bay, which involved 14 people. There were a further 4 people who would have liked to have been there but who unfortunately were not able to make it. Our meeting was in the spirit of both youth and anthroposophy.

The seminar began at 9 am on Saturday and went until 4 pm on Sunday. Ian Trousdell shared with us how the different layers of reality function and how we can develop our instrument of knowing to perceive them. In detail, we learned about the 4th, 5th, and 6th dimensions, the workings of those dimensions, and how we can train ourselves to become conscious of them. Having Ian share his first-hand experiences in these dimensions left everyone feeling both inspired and motivated.

This was the mood that characterised the weekend.

As Ian said, Rudolf Steiner never read Rudolf Steiner, so it's up to us to develop our instrument of knowing in order to receive the answers directly from the spiritual world. This is a future we could create, to be a spiritual-scientific investigator who gets his/her answers from Source.

After we took the impressions into the spiritual world, we came back together with Ian on Sunday morning and began the second half of the seminar. The morning was more practically focused, Ian shared some exercises that if diligently practiced would lead to knowing reality. He laid out the necessary steps in moral development as well as some exercises that work towards gaining direct perception.

After having lunch together, taking a photo, and extending our gratitude for everything that Ian gave to us, we met as a group with Helen Proctor and Richard Drexel.

This part of the meeting was the nuts and bolts where we looked at the group's way forward. Helen shared with us how the idea for the group originally came to her. A key theme that both Helen and Richard stressed was that the decisions made by the group need to be from the bottom up, not the top down. This approach ensures that the impulses that come through the group are initiated by the group itself. Having both Helen and Richard as our kaitiaki helps to ground the group and gives us much-needed support, so a big thank you to both of them!

After talking about what anthroposophy is and how we would like to connect with it, we decided to meet in person once every three months. How this looks will be different every time however it will involve some kind of learning.

We welcome other youth, who want to connect through anthroposophy, to join us and be a part of this new movement!

So please get in touch and I'll keep you in the loop about upcoming events and add you to the WhatsApp group.

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With love